# **BIOGRAPHIES**



#### **Police and Crime Commissioner Donna Jones**



Donna Jones is the Police and Crime Commissioner for Hampshire and the Isle of Wight. She was elected to represent one of the largest police force areas in the country in May 2021. As well as being the PCC for Hampshire and the Isle of Wight Donna is the national lead for Victims and also Serious Organised Crime.

Donna served as the Executive Leader of Portsmouth City Council, the first woman to hold the role, from 2014 – 2018. During this time she received national recognition for the commercial approach she brought to the running of the city council, generating millions of pounds of income each year. Donna was the youngest member of the judiciary in England and Wales when she was appointed to the South East Hampshire (Magistrates) Bench in October 2005. She served as a bench chair for 16 years until she was elected as Police Commissioner.

## **Professor Mark A. Bellis**



Professor Mark Bellis is head of the World Health Organization (WHO) Collaborating Centre on Investment for Health and Well-being at Public Health Wales and Professor of Public Health at Bangor University. Mark has undertaken substantive work in the fields of child maltreatment, broader violence prevention, alcohol, drugs and sexual health.

As well as international work with WHO, Professor Bellis has also worked as an advisor to organisations including; United Nations Development Programme, United Nations Office on Drugs and Crime and United Nations International Children's Emergency Fund. He has published over 200 academic papers and more than 250 applied public health reports and books. During the pandemic much of Mark's work has focused on reducing population harms relating to COVID-19 restrictions. However, he continues to head an on-going research programme examining Adverse Childhood Experiences (ACEs) and their impact on health and behaviour across the life course.

## **George Hosking OBE**



An economist, accountant, psychologist and clinical criminologist, George is a highly experienced trainer and consultant, having trained thousands of people worldwide.

His specialist knowledge of trauma draws on his Advanced Diploma in the Management of Psychological Trauma, and years of working with victims of abuse, violence and other forms of childhood trauma.

He is a recognised expert on the Early Years, having been an advisor to the Labour, Coalition, Conservative and Scottish and Northern Irish Governments on Early Years policy, including writing the early years sections of the Graham Allen report on Early Intervention, and the 2013 report, jointly with the Department for Education, Conception to age 2 – the age of opportunity. He is currently an adviser to Dame Andrea Leadsom MP, who is reviewing early years' policy for the UK Government. WAVE Trust has always advocated the supreme importance of health visitors, and has been awarded the CPHVA 'Advocate of the Year' award.

WAVE has brought world 'best practice' programmes to the UK, including Roots of Empathy and the Early Years' programmes Family Nurse Partnership, and Parent Child Psychological Support. To date these have benefitted over 80,000 families in the UK. It has been helping to implement trauma-informed communities across the UK since 2017 and in Europe since 2019.

#### **Marie Gentles**



Marie Gentles grew up in East London with her mum, dad, older sister and younger brother. She is now a married mother of two teenage children and still resides in London. Marie grew up in an inclusive, extended family with a number of fostered and adopted children and qualified as a primary school teacher 20 years ago.

After working as a class teacher and middle leader in the mainstream sector for eight years, Marie began working in a primary Pupil Referral Unit (PRU) and Social Emotional and Mental Health (SEMH) Provision. In 2010 she became the Deputy Head Teacher of the PRU and then the Headteacher and worked there for ten years in total.

In 2010 Marie was appointed the strategic lead for a London Borough's Nurture Group project and set up a Nurture Group model to serve the entire Borough, the first of its kind nationally. It had immense success in transforming pupil's behaviour and significantly reducing the rate of permanent exclusions in the borough. In the academic year 2018, 100% of Nurture Group pupils modified their behaviour following a Nurture Group intervention and sustained reintegration back into mainstream

school. This data and how the provision was supporting children was outstanding and the PRU & SEMH Provision received Outstanding gradings by Ofsted.

Marie received an invitation of membership from the Department for Education seeking best practice across the country, to join an Alternative Provision Stakeholder Reference Group following the PRU's Outstanding Ofsted judgements and was invited to be part of the discussions regarding the action to be taken following the Timpson Review outcomes. Marie now works as a Behaviour Advisor for the Government and is part of the four year contracted National Behaviour Hubs Programme.

In January 2020 Marie set up a training and consultancy business, Magic Behaviour Management Ltd and in October 2020, Marie received an OBE for her services to education. Her aims are keep more children and young people safe, well, resilient and independent and support them to get the most from educational opportunities in school via CPD and adopting a multi-disciplinary approach, reducing the need for exclusion and working in an inclusive, preventative way rather than reactionary.

During the academic year 2020/2021, a sample of Marie's work was documented by the BBC to create a series that aired in September 2021. The programme was titled 'Don't Exclude me.'

Marie's ambition is to support as many children and young people nationally and internationally, and for the adults supporting them to work in an inclusive, preventive way that empowers, uplifts and inspires.

# Rock Pool Joint CEO Sue Penna MSc, DipCOT, Dip.Couns, FRSA



who have psychological trauma as a result of adverse childhood experiences (ACEs) for over 30 years in her professional life as a clinician, trainer and supervisor both within the NHS and independently.

She has specialised in writing psycho-educational programmes that promote trauma informed practice and a recovery model.

Sue is passionate for the need for multi-agency working and committed to supporting front line workers to have the skills to support families with a trauma informed approach.

Sue has an extensive background in the domestic abuse sector and has written trauma informed domestic abuse programmes including the Inspiring Families Programme, Adult and Children and Young People Domestic Abuse Recovery Toolkit and the Sexual Violence Recovery Toolkit. Sue has also devised the ACE Recovery Toolkit written for parents and the ACE Recovery Toolkit for children

also devised the ACE Recovery Toolkit written for parents and the ACE Recovery Toolkit for children and young people. Sue is a published author in journals and more recently a self-help book based on the successful Recovery Toolkit for those that have experienced domestic abuse. Sue is a member of both The UK Psychological Trauma Society and the European Society for Traumatic Stress Studies.

# Rachel Maclean MP - Minister for Safeguarding



Rachel has 30 years business experience in IT and software publishing before she was elected to Parliament in 2017 representing Redditch.

In February 2020 Rachel was appointed by Prime Minister Boris Johnson to serve as a Parliamentary Under Secretary of State in the Department for Transport, responsible for decarbonisation and the future of transport.

In September 2021 the Prime Minister appointed Rachel to serve as Minister for Safeguarding in the Home Office. Her main responsibilities include tackling Violence Against Women and Girls, Modern Slavery, Anti-Social Behaviour and Serious Violence.

Rachel is committed to breaking the deadly cycle of violence that devastates the lives of individuals, families and communities as set out in the Government's Serious Violence Strategy. Violence Reduction Units play a key role in delivering this strategy by bringing partners across the system together to tackle this issue, and through delivering the best evidenced and most innovative interventions to support children and young people.

## Laura Porter



Laura Porter is a Co-Founder of ACE Interface, a public health education and consultation firm that helps leaders to use ACE Study concepts to build Self-Healing Communities. Laura is passionate about the power of community to improve people's lives. Laura is a former elected County Commissioner and Director of a Governor's Cabinet initiative in Washington State, U.S.A.

For nearly two decades, Laura worked with 30 communities and 9 Tribal Nations to create a model for community capacity development that is consistent with living systems theory and indigenous healing wisdom. Positive population-level results associated with using the model are documented in peer reviewed journals, the documentary film by James Redford titled Resilience, and in an article published by the Robert Wood Johnson Foundation titled: Self-Healing Communities, a Transformational Process Model for Improving Intergenerational Health.

With her business partner, Dr. Rob Anda, she has trained over 1500 ACE Interface educators, to engage everyone in Adverse Childhood Experience prevention and the practice of building Self-Healing Communities. She provides support and services to a wide range of groups, from parents

and youth who are convening neighbourhood conversations, to philanthropic leaders and government officials who are using ACE science in investment and policy decisions.

Selection of relevant publications:

Anda RF, Porter LE, Brown DW. (2020). Inside the Adverse Childhood Experience Score: Strengths, Limitations, and Misapplications. Am J Prev Med. 2020 Aug:59(2):293-295. doi: 10.1016/j.amepre.2020.01.009. Epub 2020 Mar 25. PMID: 32222260.

Hall, J., Porter, L., Longhi, D., Becker-Green, J., Dreyfus, S. (2012) Reducing Adverse Childhood Experiences (ACE) by Building Community Capacity: A Summary of Washington Family Policy Council Research Findings. Journal of Prevention and Intervention in the Community; 40: 325-334. Rights: Taylor & Francis Group, LLC.

Longhi D, Brown M, Barila T, Fromm Reed S, Porter, L. (2019). How to increase community-wide resilience and decrease inequalities due to adverse childhood experiences (ACEs): Strategies from Walla Walla, Washington. Journal of Prevention & Intervention in the Community, DOI: 10.1080/10852352.2019.1633071.

Porter L, Martin K. Anda R. (2017) Culture Matters: Direct Service Programs Cannot Solve Widespread, Complex, Intergenerational Social Problems. Culture Change Can. Academic Pediatrics. 17:S22-S23.

Porter, L., Martin, K., Anda, R.F. (2017) Self-Healing Communities; A Transformational Process Model for Improving Intergenerational Health; published by Robert Wood Johnson Foundation.



## Bessel van der Kolk MD



Bessel van der Kolk MD spends his career studying how children and adults adapt to traumatic experiences, and has translated emerging findings from neuroscience and attachment research to develop and study a range of treatments for traumatic stress in children and adults.

In 1984, he set up one of the first clinical/research centers in the US dedicated to study and treatment of traumatic stress in civilian populations, which has trained numerous researchers and clinicians specializing in the study and treatment of traumatic stress, and which has been continually funded to research the impact of traumatic stress and effective treatment interventions. He did the first studies on the effects of SSRIs on PTSD; was a member of the first neuroimaging team to investigate how trauma changes brain processes, and did the first research linking BPD and deliberate self-injury to trauma and neglect in early childhood.

Much of his research has focused on how trauma has a different impact at different stages of development, and that disruptions in care-giving systems have additional deleterious effects that need to be addressed for effective intervention. In order to promote a deeper understanding of the

that led to the establishment of the National Child Traumatic Stress Network (NCTSN), a Congressionally mandated initiative that now funds approximately 150 centers specializing in developing effective treatment interventions, and implementing them in a wide array of settings, from juvenile detention centers to tribal agencies, nationwide.

He has focused on studying treatments that stabilize physiology, increase executive functioning and help traumatized individuals to feel fully alert to the present. This has included an NIMH funded study on EMDR and NCCAM funded study of yoga, and, in recent years, the study of neuro feedback to investigate whether attentional and perceptual systems (and the neural tracks responsible for them) can be altered by changing EEG patterns.

His efforts resulted in the establishment of Trauma Center (now the Trauma Research Foundation) that consisted of a well-trained clinical team specializing in the treatment of children and adults with histories of child maltreatment, that applied treatment models that are widely taught and implemented nationwide, a research lab that studied the effects of neuro feedback and MDMA on behavior, mood, and executive functioning, and numerous trainings nationwide to a variety of mental health professional, educators, parent groups, policy makers, and law enforcement personnel.

DONNA JONES

