

- Official -

REQUEST FOR DECISION – PCCML/ 000406/2018

Title of decision: Portsmouth Frankie Workers

Executive Summary:

Frankie Workers are therapeutic counsellors who support children and young people aged 0 to 18 years who are victims of child sexual abuse, child sexual exploitation or FGM. They aim to prevent trauma turning into poor mental health.

Frankie Workers already support children and young people across Hampshire and the Isle of Wight but do not currently operate in Southampton or Portsmouth. They are funded by the Police and Crime Commissioner, CCGs and NHS England.

NHS England wish to collaborate again with the Police and Crime Commissioner to provide a Frankie Worker Service in the Portsmouth area (Southampton are using their Future in Mind funds for a separate purpose).

- Official -

- Official -

Recommendation:

2.1 The Police and Crime Commissioner and NHS England jointly fund a 'Frankie Worker' for the Portsmouth area until 31st March 2019.

2.2 The Police and Crime Commissioner, together with NHS England, enter into a funding arrangement with Portsmouth City Council for the purpose of Frankie Worker support through the existing Portsmouth City Council sexual crime support services contract.

2.3 The funding arrangement contain an option to extend for one further year from 1st April 2019 until 31st March 2020 subject to funding from the Police and Crime Commissioner and NHS England being agreed and satisfactory key performance indicators being achieved. A new decision notice would be submitted regarding any such extension.

2.4 The Police and Crime Commissioner allocates £15,105 from April 2018 until March 2019 (pro rata). This is subject to NHS England contributing £24,895 for this period (pro rata). Funding should be allocated from the Commissioning Budget.

2.5 The Police and Crime Commissioner authorises the Head of Strategic Commissioning and Partnerships to approve the terms of, and sign, any necessary agreements for the purposes of recommendation 2.2.

Police and Crime Commissioner

I hereby approve/~~reject~~ the recommendation above.

I am delighted to submit this support in partnership with NHS ENGLAND to keep the people of Portsmouth SAFER.

Signature


(Michael Lane)

Date 23/5/2018

Comments on the decision taken:

- Official -

- Official -

Report of : Alan Hagger Head of Strategic Commissioning and Partnerships

Date : March 2018

Subject : Portsmouth Frankie Workers

Contact: Karen Dawes, Commissioning and Contracts Manager
karen.dawes@hampshire.pnn.police.uk

1. Summary:

Frankie Workers are therapeutic counsellors who support children and young people aged 0 to 18 years who are victims of child sexual abuse, child sexual exploitation or FGM. They aim to prevent trauma turning into poor mental health.

Frankie Workers already support children and young people across Hampshire and the Isle of Wight but do not currently operate in Southampton or Portsmouth. They are funded by the Police and Crime Commissioner, CCGs and NHS England.

NHS England wish to collaborate again with the Police and Crime Commissioner to provide a Frankie Worker Service in the Portsmouth area (Southampton are using their Future in Mind funds for a separate purpose).

2. Recommendation:

2.1 The Police and Crime Commissioner and NHS England jointly fund a 'Frankie Worker' for the Portsmouth area until 31st March 2019.

2.2 The Police and Crime Commissioner, together with NHS England, enter into a funding arrangement with Portsmouth City Council for the purpose of Frankie Worker support through the existing Portsmouth City Council sexual crime support services contract.

2.3 The funding arrangement contain an option to extend for one further year from 1st April 2019 until 31st March 2020 subject to funding from the Police and Crime Commissioner and NHS England being agreed and satisfactory key performance indicators being achieved. A new decision notice would be submitted regarding any such extension.

2.4 The Police and Crime Commissioner allocates £15,105 from April 2018 until March 2019 (pro rata). This is subject to NHS England contributing £24,895 for this period (pro rata). Funding should be allocated from the Commissioning Budget.

- Official -

- Official -

2.5 The Police and Crime Commissioner authorises the Head of Strategic Commissioning and Partnerships to approve the terms of, and sign, any necessary agreements for the purposes of recommendation 2.2.

3. Strategic context:

'Frankie Workers' are inspired by 'Frankie' an adult survivor of child sexual abuse from Hampshire.

Frankie Workers are BACP accredited counsellors who offer trauma therapy on an outreach basis. They offer timely and appropriate support, an individual plan to help the young person build resilience, and support in strengthening protective behaviours. Support is offered regardless of any police involvement. Frankie Workers aim to prevent trauma from turning into poor mental health.

The Frankie Worker service has been operating since April 2017 and is proving effective in helping children and young people better cope with their trauma. Frankie Workers have already supported 108 children and young people across Hampshire and the Isle of Wight. Providers use 'the outcome star' to monitor distance travelled in a number of areas of each young person's life. They collect quantitative data as well as qualitative data for example from social workers, teachers and family members which reinforces positive changes in the young person being supported.

The following are two examples of feedback received regarding the Frankie Worker service on the Isle of Wight (name changed).

"Thank you for the all the support you have given to Paul over the course of his counselling. At school the change in his mood/behaviour has been very noticeable in a positive way. At the beginning of term he was quiet and withdrawn and not engaging with peers. However since the counselling began his self-esteem gradually came back and each week he would eagerly ask "is Coming in today?" Paul's class teacher noted how he was now chatting and engaging with peers and giggling again. His work has also shown improvement. Paul attended a club at the beginning of term and would sit quietly colouring but towards the end of term he did not attend at all as he was out playing with friends. Without the counselling Paul would have remained withdrawn from peers and not engaged in activities and his self-belief would have suffered. Thank you again" Primary School feedback – Jan 2018

"I find the sessions very useful and calming, I feel like I can talk freely and almost without a care in the world, it is helping me to strengthen my character and deal with everyday life, and I do intend on carrying on the sessions." Client age 15 years

A young person who has been abused can be severely traumatised. If trauma is not dealt with at the right time, it can escalate into mental health problems.

Current counselling services for children across Hampshire regularly operate waiting lists. In 2017-18 Portsmouth Rape Crisis (PARCS) received 45 referrals to their

- Official -

- Official -

young person's service. There are currently 8 young people on the waiting list and 3 of those have been on the waiting list for at least 4 months.

A Frankie Worker would increase provision and provide more availability for young people. Having them located in Portsmouth City Council's 'Edge of Care Team' would be an integral part of the network of support around the young person.

Whilst sexual crime is under reported to the police it is rising and predicted to continue to rise. Many victims and survivors report a long time after the crime was committed. Sexual crime can cause severe and long lasting harm, depression, anxiety, post-traumatic stress and can also lead to substance misuse, self-harm and even on occasions tragically suicide.

Those who receive the best interventions at the right place at the right time are more likely to cope with trauma and take positive steps through -and - into later life.

It is well documented that risk factors influencing children's mental health include sexual abuse (*'Make it worthwhile' 2014 – 2017*). Many mental health service users have problems directly attributable to trauma in early years. Dealing with underlying trauma becomes harder the longer it is left, which makes young people difficult to reach and engage. Young people need trauma support; otherwise it can lead to poor mental health, with support services struggling to cope. Those unsupported children grow into adults and can struggle throughout life. Good mental health allows young people to develop resilience and coping strategies to help them manage life, and to enable them to grow into healthy adults.

Our Public Health colleagues tell us that:

1. Half of all psychiatric disorders start by age 14
2. Hampshire has higher than the national rate of hospital admissions as a result of self-harm in those aged 10-19;
3. 8.4% of those aged 5-16 in Hampshire have a diagnosable mental health condition
4. The number of referrals into specialist CAMHS continues to rise at an unprecedented rate

From Hear Me Believe Me Respect Me - A survey of survivors of child sexual abuse found that over half were abused by more than one person. In 70% abuse was not reported to police. 90% have not seen abusers brought to justice. 57% wanted more counselling. Problems included long waiting lists and counselling which was too short.

The message is clear, if trauma is not dealt with early enough, it can escalate into mental health problems. Frankie Workers deal with trauma and offer children and young people the best opportunity to grow into adults that can thrive and enjoy life.

- Official -

- Official -

This is a right which every child should enjoy.

4. Options Appraisal

There is no statutory duty for the Police and Crime Commissioner or NHS England to fund Frankie Workers. If this decision notice is not supported, we need to rely on the voluntary sector, or other public sector organisations in applying for funding opportunities as they arise to try and build support services for young people. There are no guarantees that they would be successful and waiting lists for young victims of sexual crime would continue.

5. Financial and Resourcing Implications

This proposal has financial implications of £15,105 for 2018/19 only and has been allocated against the Commissioning Budget in 2018/19.

NHS England are offering £24,895 from April 2018 until March 2019 towards a Frankie Worker Service in Portsmouth. If the Police and Crime Commissioner also contributes £15,105, this would amount to one FTE and could be allocated from the Commissioning Budget.

Portsmouth City Council have agreed to host the Frankie Worker within their Local Authority, and also to manage the referral pathway as well as daily management of the Frankie Worker.

6. Communications and Engagement Implications

Press releases would be jointly agreed between the Police and Crime Commissioner, NHS England and Portsmouth City Council. Any publicity would make clear that this is a joint venture between all organisations.

7. Legal Implications:

The Police and Crime Commissioner and NHS England would enter into a funding arrangement with Portsmouth City Council for the purpose of Frankie Worker support through an existing 'sexual crime support services contract' which is provided by PARCs and commissioned solely by Portsmouth City Council.

The OPCC and NHS England will need to determine if funding for a further year can be identified. If so, the OPCC, NHS England and Portsmouth City Council will agree collectively whether they feel the service should be extended based on successful performance during the first year. All three parties will be a part of ongoing quarterly performance management and provider/commissioner meetings. If all 3 parties suggest an extension for 2019/2020, a new decision notice will be submitted to the Police and Crime Commissioner which will present performance data during

- Official -

- Official -

2018/2019 and the case for requesting an extension of one further year. NHS England and Portsmouth City Council will also seek their own internal approval.

The Commissioner has powers under section 143 of the Anti-social Behaviour, Crime and Policing Act 2014 to provide or arrange for the provision of services to secure or contribute to securing crime and disorder reduction, or which help victims or witnesses of, or other persons affected by, offences and antisocial behaviour.

8. Risks and Mitigation:

There is a risk of a low number of referrals to the Frankie Workers. However, due to the fact that there are waiting lists for counselling for children who have been sexually abused this service should quickly operate to full caseloads.

To ensure the Frankie Workers are properly qualified, the recruitment process will ensure that they are BACP accredited.

Break clauses will be included for either party to have the ability to terminate the contract giving 6 months-notice without reason.

9. Strategic Policing Requirement

Child Sexual Exploitation is a 'national threat'.

10. Equalities

Victims and Survivors of sexual crime can be extremely vulnerable. This service will help support them. The service specification will make it clear that the service needs to be responsive and include those who traditionally find it difficult to access, for example people from BME and LGBT groups, male survivors and people with a learning disability.

11. **Publication status:** This report is suitable to be published in full.

Persons consulted:

Name	Tick as appropriate
Chief Executive	x
Chief Finance Officer	x
Estate Strategy and Delivery Director	x
Head of Communications and Engagement	x
Head of Strategic Commissioning	x

- Official -

- Official -

Head of Performance and Delivery	x
Executive Advisor	x
Legal Advisor	x
<i>[insert others as appropriate]</i>	

- Official -