

WILLING TO DICE



WITH YOUR LIFE?



Psychoactive Substances or 'legal highs' are substances that mimic the effects of drugs such as cannabis, cocaine and ecstasy.

In 2016 the Psychoactive Substances Act made it illegal to produce, supply, possess with the intent to supply, distribute or import 'legal highs'.

It is not currently an offence to possess psychoactive substances for personal use...

BUT this does not mean they are safe:

- You could have a number of side effects, such as hallucinations, paranoia, black outs and seizures. Worst case, you could end up in a coma, your organs may fail and you could die.
- They can reduce inhibitions, and cause changes in behaviour that could result in you taking greater risks
- The ingredients in these substances can change, this means that even if you have taken it before and were fine, the next time could be a different story

OR that the new law won't affect you:

- Some of these substances have been found to contain illegal drugs, meaning they are not legal to possess at all
- The importing of a psychoactive substance includes buying them from a non-UK based website
- The offence to 'supply' could include giving them to friends

Having a criminal record could impact on your future study, employment and travel plans!

For support and advice visit
www.hampshire-pcc.gov.uk/lethalhighs



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